

The heart of leadership

Having led large teams across the world Helene has experienced what brings motivation and growth when you led with courage and heart, being the authentic yourself. In the keynote **The heart of leadership** the audience can expect learning objectives connected to:

The 3Cs Plus One: A Formula for Impact

Curiosity, Courage, Communication, and Culture—together, they empower us to lead with purpose and make a difference in a connected world.

Building your leadership based on the 3Cs plus one. Curiosity, courage, communication and culture.

Great leadership begins with an insatiable curiosity — a desire to learn, understand, and grow beyond what we know.

Courage Lights the Path to Authenticity

True leaders are brave enough to stand firm, challenge the status quo, and lead with integrity, even in unfamiliar cultural landscapes.

Powerful Communication Builds Bridges

By speaking with empathy and listening with intent, we create trust that unites us across borders and differences.

Cultural Intelligence Unlocks Limitless Possibilities

Embracing diversity and understanding different cultures opens doors to innovation, collaboration, and sustainable success.

Inclusion Sparks Creativity and Resilience

Leading with an open heart and mind nurtures teams that are innovative, adaptable, and unstoppable.

Lead Without Borders, Create a Better Future

When we master these principles, we transcend language and culture, inspiring change and building a more connected, compassionate world. For Helene the 3Cs plus one - curiosity, courage, communication and culture is the formula for effective and successful leadership all over the world. It's about becoming the culturally intelligent leader you want to be.